

Wilderness Survival

Winter

Snow Goggles

On a sunny day in winter the sun reflects off the snow which can cause snow blindness, a debilitating and potentially dangerous condition which literally blinds a person for a few days. Snow goggles can prevent this from happening.



This pair of snow goggles was made by Nick Neddo from a piece of cedar.



The cord is made from [Stinging Nettles](#).



Here's Nick Neddo modeling the snow goggles he made.

The small slits effectively lower the amount of bright light reaching your eyes, protecting them from snow blindness.