

Baking Soda Uses

Remove tarnish from silver. Mix a thick paste of Arm & Hammer Baking Soda with water, apply the silver with a damp sponge, rub, rinse, and buff dry.

Clean a stainless steel sink. Sprinkle Arm & Hammer Baking Soda on a damp sponge, scrub the sink, and rinse clean.

Boost the strength of liquid laundry detergent. Add one-half cup Arm & Hammer Baking Soda with the usual amount of detergent in your regular wash cycle.

Clean a fiberglass bathtub or shower. Sprinkle Arm & Hammer Baking Soda on a damp sponge, scrub, and rinse clean.

Maintain your septic tank. Flush one cup Arm & Hammer Baking Soda down the toilet once a week. Baking soda helps maintain proper pH and alkalinity, controlling sulfide odors.

Deodorize cloth diapers. Mix one-half cup Arm & Hammer Baking Soda in two quarts of water, and soak diapers in the solution.

Deodorize a disposable diaper pail. Sprinkle liberally with Arm & Hammer Baking Soda.

Clean a refrigerator. Sprinkle Arm & Hammer Baking Soda on a damp sponge, scrub, and rinse clean.

Remove burnt-on food from cookware. Dampen area, sprinkle with Arm & Hammer Baking Soda, let soak overnight, then scrub with a sponge, rinse, and dry.

Clean and deodorize a cutting board. Sprinkle Arm & Hammer Baking Soda on a damp sponge, rub the cutting board, and rinse clean.

Deodorize food containers. Mix one-quarter cup Arm & Hammer Baking Soda with one quart water, swish food containers in solution, soak overnight, then rinse clean.

Clean coffee and teapots. Wash in a solution of one-quarter cup Arm & Hammer Baking Soda and one quart warm water, then rinse clean.

Deodorize kitchen garbage. Sprinkle a handful of Arm & Hammer Baking Soda in the garbage pail each time you add garbage.

Deodorize carpet. Sprinkle Arm & Hammer Baking Soda lightly over the dry carpet, let sit for fifteen minutes, then vacuum up.

Deodorize a cat litter box. Cover the bottom of the litter box with one-quarter inch Arm & Hammer Baking Soda, then add the litter.

Maintain the proper alkalinity in a swimming pool. Add 1.5 pounds of baking soda for every 10,000 gallons of water in the pool to raise total alkalinity by 10 ppm (parts per million parts of pool water), keeping the total alkalinity of the pool within the range of 80 to 150 ppm of alkalinity. Maintaining a proper level of total alkalinity minimizes changes in pH when acidic or basic pool chemicals or contaminants enter the water, reducing chloramine formation and the corrosivity of water, consequently reducing eye irritation and unpleasant odors while improving bactericidal effectiveness.

Soothe poison ivy rash or insect bites. Make a paste of Arm & Hammer Baking Soda and water, and apply to the affected area.

Soothe sunburn, windburn, and prickly heat. Dissolve one-half cup baking soda in a tepid bath. Soak in the bath for fifteen minutes.

Take a refreshing bath. Dissolve one-half cup Arm & Hammer Baking Soda in a tub of warm water for soft, smooth-feeling skin and a relaxing bath.

Brush your teeth. Plain baking soda is a gentle abrasive that cleans like the strongest toothpaste. Apply Arm & Hammer Baking Soda to a damp toothbrush, brush as usual, and rinse. Note: Arm & Hammer Baking Soda does not contain fluoride.

Wash your mouth. Add one teaspoon Arm & Hammer Baking Soda to one-half glass warm water, and swish through teeth for a refreshing mouthwash.

Neutralize vomit odor. Sprinkle Arm & Hammer Baking Soda generously to cover the stained area, let sit for an hour, then vacuum up.

Soothe tired feet. Add three tablespoons to a basin of warm water and soak feet in the solution.

Use as a deodorant. Dust baking soda under arms.

Clean dirt, grime, and scuff marks from doors, stoves, laminated tabletops, linoleum floors, and tile. Sprinkle Arm & Hammer Baking Soda on a damp sponge, wipe clean, and dry.

Remove coffee or tea stains from china. Dip a damp cloth in baking soda, gently rub the china, and rinse clean.

Minimize the smell of dirty laundry. Sprinkle some baking soda into your hamper or laundry bag.

Deodorize garment storage bags. Sprinkle Arm & Hammer Baking Soda into the bottom of the bag.

Deodorize shoes or sneakers. In the evening, sprinkle Arm & Hammer Baking Soda inside shoes to eliminate odors. Shake out in the morning.

Clean dirt and grime from hands. Sprinkle Arm & Hammer Baking Soda onto wet hands with liquid soap, rub vigorously, rinse, and dry.

Clean baby bottles, nipples, and bottle brushes. Soak in a solution of warm water and Arm & Hammer Baking Soda, then sterilize before use.

Make baby clothes smell even fresher. Add one-half cup Arm & Hammer Baking Soda to baby's laundry.

Boost bleach. Use one-half cup Arm & Hammer Baking Soda with your normal liquid bleach to boost the bleaching action and freshen the wash.

Whiten socks and dirty clothes. Add one-half cup Arm & Hammer Baking Soda to regular liquid laundry detergent.

Clean up pet accidents. Clean with club soda, let dry thoroughly, then sprinkle on Arm & Hammer Baking Soda, allow to sit for fifteen minutes, then vacuum up.

Clean chrome bumpers and hubcaps. Sprinkle Arm & Hammer Baking Soda on a damp sponge, rub surface, and wipe clean with a dry cloth.

De-grease and clean barbecue grills. Make a paste by mixing equal parts Arm & Hammer Baking Soda and water, apply with a wire brush, wipe clean, and dry with a cloth.