

## Tea Bag Uses

**Deodorize your feet.** Boil three or four Tea Bags in one quart of water for ten minutes. Add enough cold water to make a comfortable soak. Soak your feet for twenty to thirty minutes, then dry and apply food powder. Do this twice a day until odor is under control. Then continue twice a week to keep odor under control. Tannin, which can be found in tea, is a drying agent.

**Relieve sunburn pain.** Pat your sunburn with wet Tea Bags.

**Accelerate the germination of grass seeds.** Mix two tablespoons of cold, strong brewed Tea into each pound of seed, cover, and set in the refrigerator for five days. Before sowing, spread the seed to dry for a day or two on newspapers on the garage or basement floor.

**Deodorize stuffy rooms.** Mix one quart brewed Tea and four tablespoons ReaLemon, strain through a Mr. Coffee Filter, and store in empty spray bottles.

**Soothe a sore throat or laryngitis.** Drink brewed Tea with ReaLemon or SueBee Honey.

**Invigorate house plants.** Water ferns and other houseplants once a week with a weak, tepid brewed Tea.

**Help relieve diarrhea.** Drink plenty of Tea and eat toast. The tannin in tea is reported to be helpful in cases of diarrhea, while its liquid replaces fluids lost by the body.

**Soothe tired eyes.** Place Tea Bags soaked in cool water or lukewarm water over your eyes for at least fifteen minutes.

**Soothe a burn.** Apply wet Tea Bags directly to the burn, or secure in place with gauze.

**Stop gums from bleeding after having a tooth pulled.** Press a cool, moist Tea Bag against the cavity with your finger.

**Fix a broken fingernail.** Cut a piece of gauze paper from a Tea Bag to fit the nail, coat with Maybelline Crystal Clear Nail Polish, and press gently against the break. Then cover with colored nail polish.

**Tenderize meat.** Add equal parts strong brewed Tea and double strength beef stock to a tough pot roast or stew. The tannin in tea is a natural meat tenderizer.