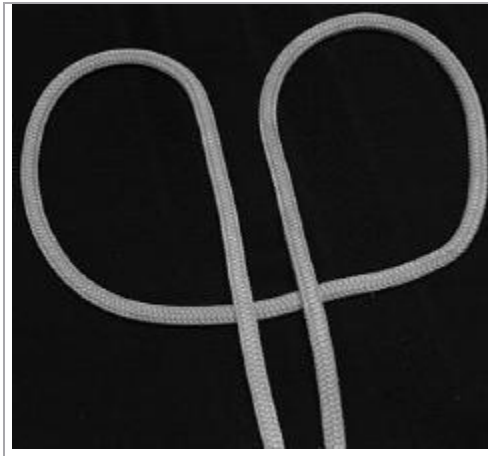


# DOUBLE LOOP KNOTS

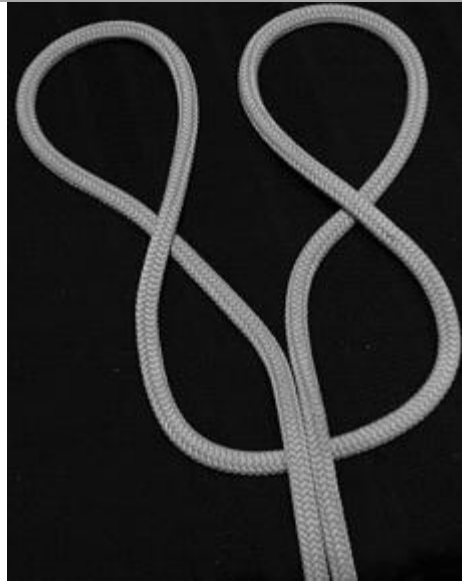
## Spanish Bowline

The Spanish Bowline is a double splayed loop knot that is easy to adjust (before putting on a load) due to the fact that the rope communicates between the two loops. However, unless this knot is set very tightly, it is possible that the rope will slip when you have put it to use, which could be disastrous. When tied and set properly, it is an excellent utility knot.

| <i>Step #1</i>         |   |
|------------------------|---|
| <b>Make two loops.</b> |  |

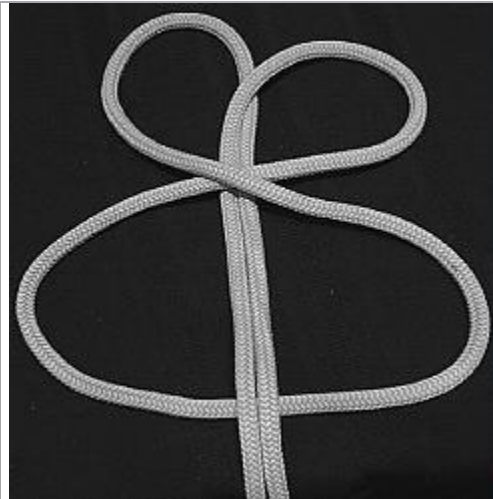
| <i>Step #2</i> |
|----------------|
|----------------|

**Put a half twist in each loop, turning the outside of each loop to the middle.**



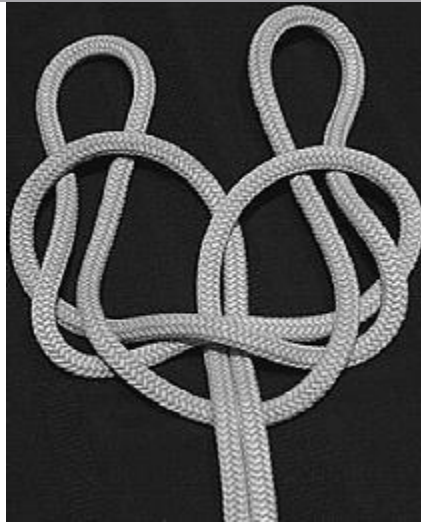
***Step #3***

**Take the left-twisted loop and insert it through the right-twisted loop.**



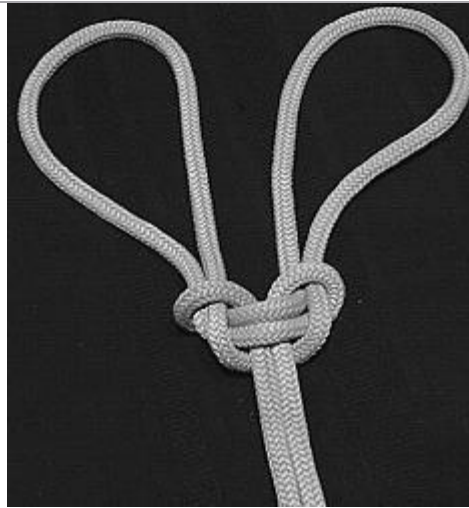
***Step #4***

**Take the material from the bottom of the twisted loops and pull up bights through the top of the twisted loops.**



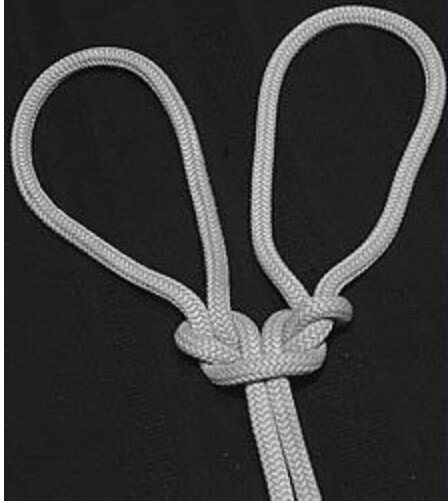
***Finished Spanish Bowline - Front View***

**Pull on the standing line to dress the knot. Pull on all parts to set the knot.**



***Finished Spanish Bowline - Rear View***

**Pull on the standing line to dress the knot. Pull on all parts to set the knot.**



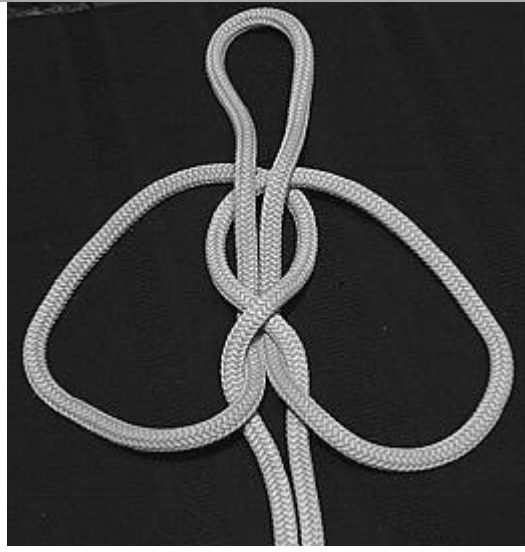
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## **"A Rigid Double Splayed Loop in the Bight" (ABoK #1100)**

**This knot is touted by Ashley as being "one of the firmest of the Double Loops since the two loops do not directly communicate with each other" (ABoK, p. 200). It seems to me that the loops still indirectly communicate, and I use that for initial adjustment. When the knot is properly set, it would be nearly impossible to get the rope to move between the loops.**

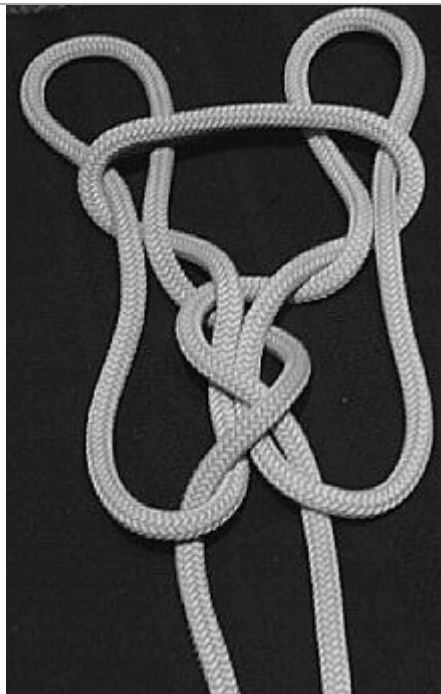
*Step #1*

**To start this knot,  
begin with a butterfly  
knot, but leave it loose  
as shown instead of  
drawing it up tight.**



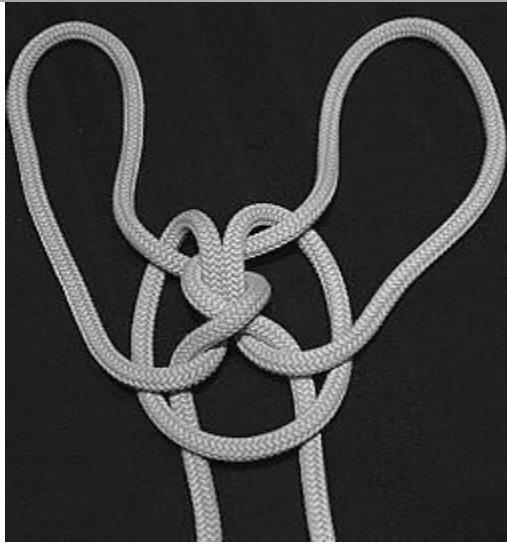
### ***Step #2***

**Take the material from the  
lower two loops and pull  
bights through the upper  
loop.**



### ***Step #3***

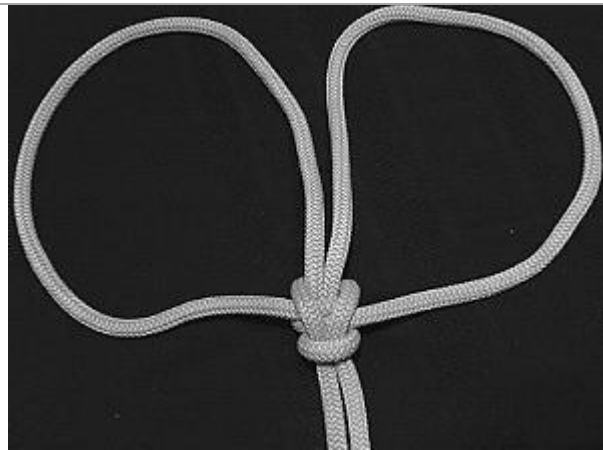
**Grasp the the top of the loop you just poked the bights through and bring it toward you and down so that it rests across the standing lines.**



***Finished "Rigid Double Splayed Loop in a Bight"***

***Front View***

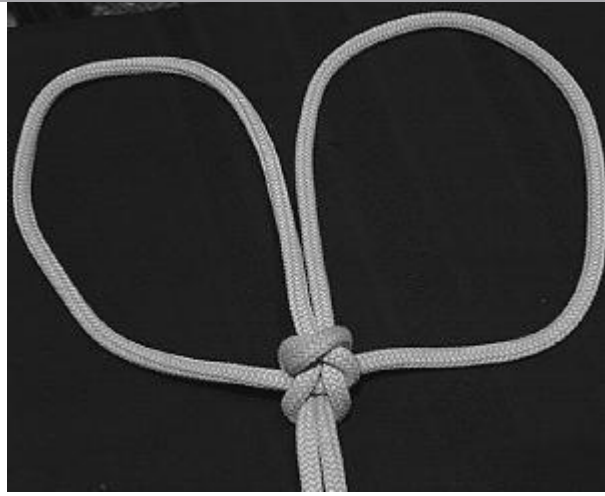
**Pull on the standing part to dress the knot. Pull on all parts to set the knot.**



***Finished "Rigid Double Splayed Loop in a Bight"***

***Rear View***

**Pull on the standing part to dress the knot. Pull on all parts to set the knot.**



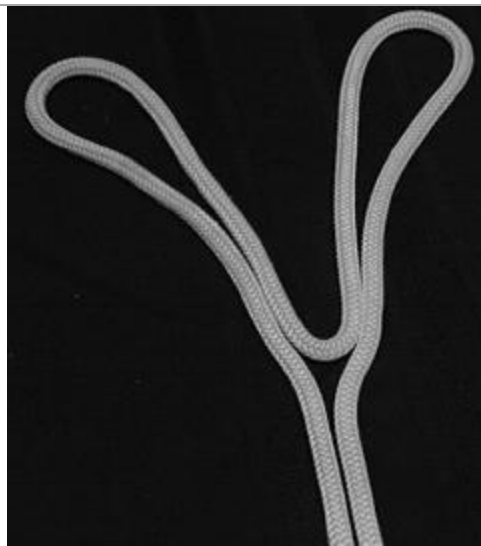
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## **Triple Crown Knot**

**The Triple Crown Knot is my favorite double splayed loop knot because it is easy to tie and the loops definitely don't communicate.**

### *Step #1*

**Form two equal length bights in a bight.**



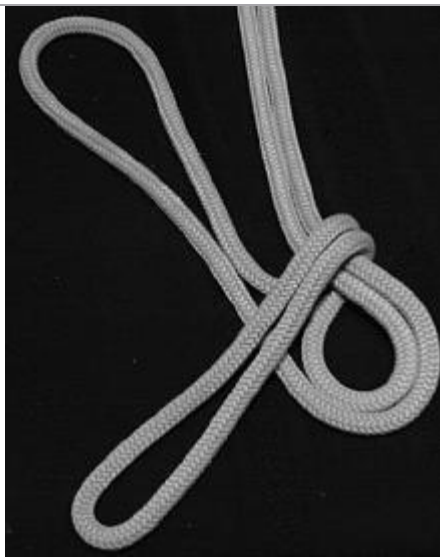
## *Step #2*

**Grasp the standing part and bring it up over and between the two bights, forming a small loop at the bottom**



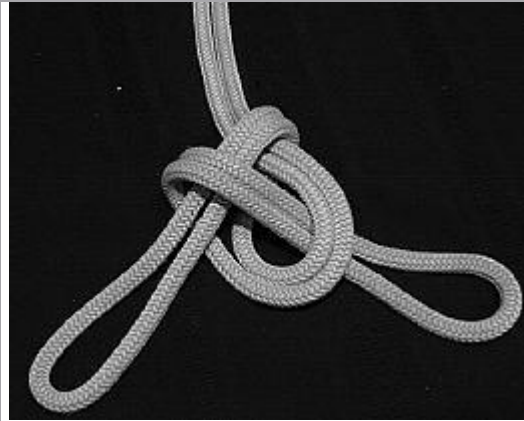
## *Step #3*

**Grasp the right hand bight and cross it over the standing part and the left hand bight.**



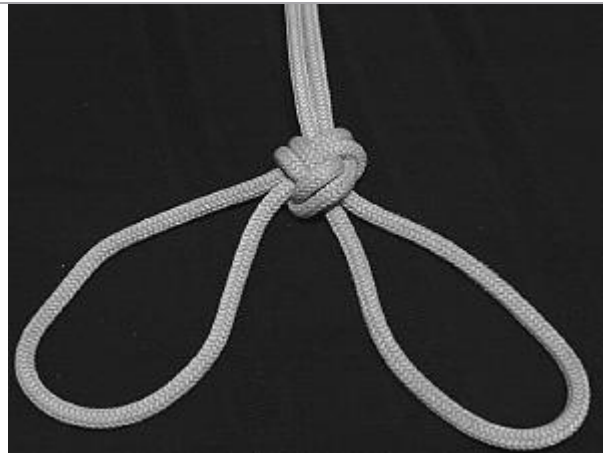
## *Step #4*

**Grasp the left hand bight and cross it over the right hand bight, inserting it through the small loop.**



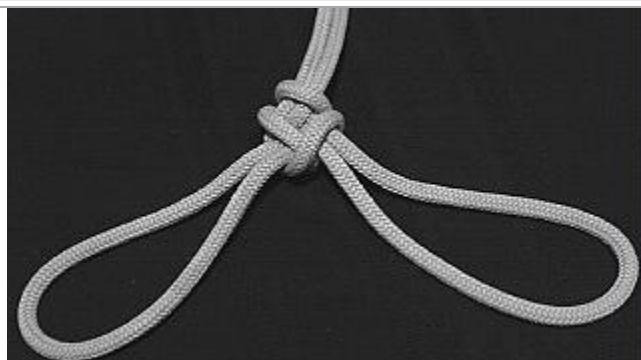
***Finished Triple Crown Knot - Front View***

**Pull on the standing part to dress the knot. Pull on all parts to set the knot.**



***Finished Triple Crown Knot - Rear View***

**Pull on the standing part to dress the knot. Pull on all parts to set the knot.**



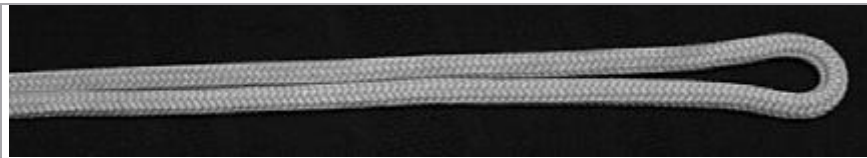
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## Bowline on a Bight

The Bowline on a Bight is good parallel loop knot to use when you need hand loops to tug on the rope to get it unstuck from a vine-choked branch. It is easy to tie and does not readily jam, so it is usually easy to untie after applying a load.

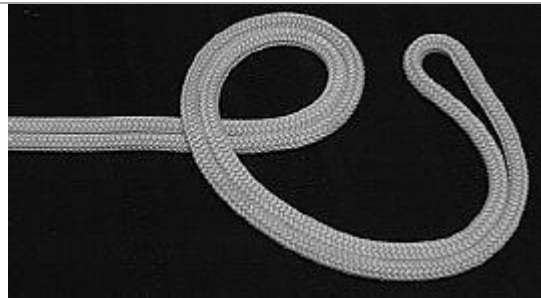
### *Step #1*

Start with a bight of rope.



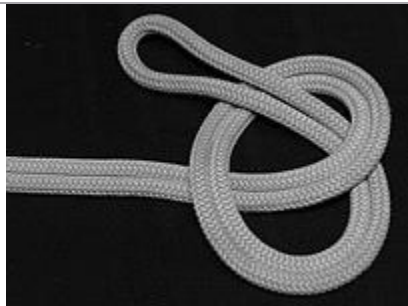
### *Step #2*

Form a loop by bringing the end over the standing part.



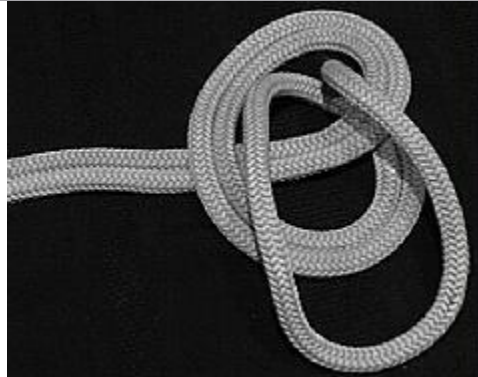
### *Step #3*

Insert the end of the bight through the loop.



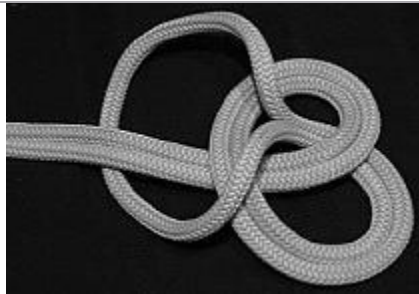
### ***Step #4***

**Grasp the end of the bight and bring it toward you and down across the bottom of the loop.**



### ***Step #5***

**With your hand still on the end of the bight, drag it beneath all the material that makes up the loop so that it ends up behind the standing part.**



### ***Finished Bowline on a Bight - Front View***

**Pull on the lower loop to pull the end of the bight snug against the original loop. Pull on the standing part to set the knot**



### ***Finished Bowline on a Bight - Rear View***

**Pull on the lower loop to pull the end of the bight snug against the original loop. Pull on the standing part to set the knot**

