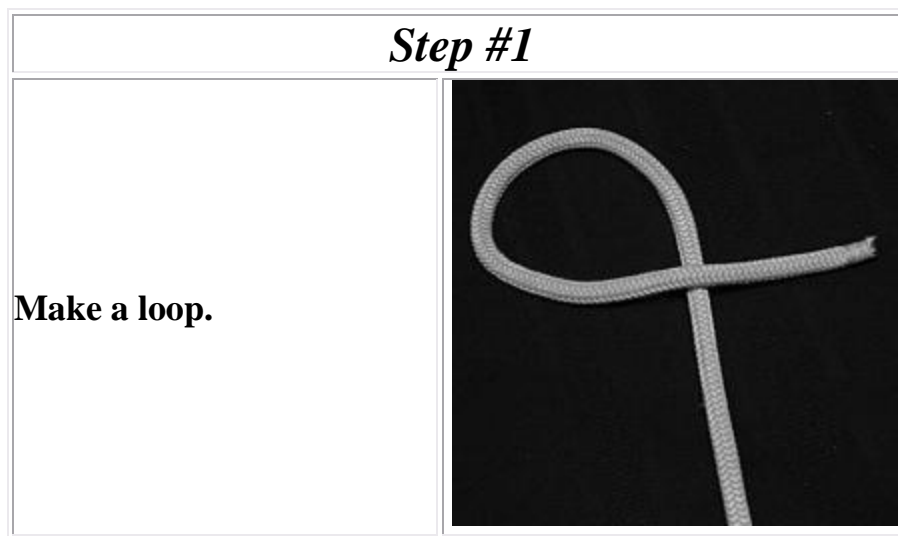


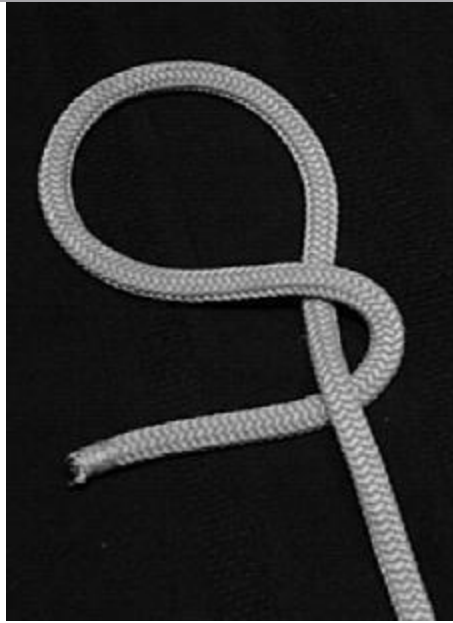
# STOPPER KNOTS

Figure 8

The Figure 8 knot is made in the end of a rope. It is bulkier than an Overhand knot.

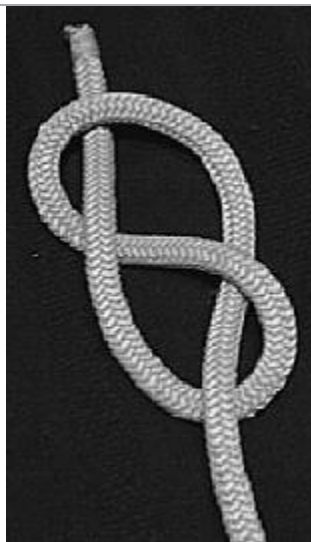


**Bring the end around  
behind the standing part.**



*Step #3*

**Put the end through the  
loop.**



*Finished Figure 8*

**Dress and set the knot.**



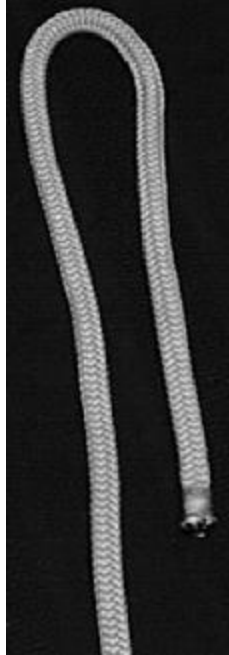
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## Heaving Line Knot

**The Heaving line knot can be used to add weight to the end of the rope to give mass to it when you want to throw it.**

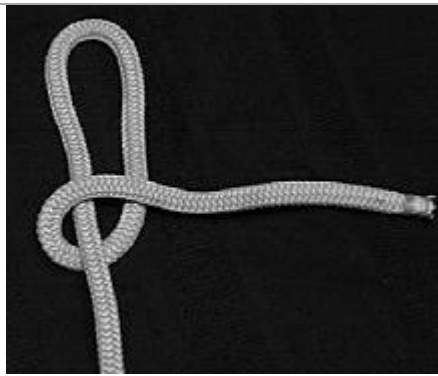
***Step #1***

**Form a bight.**



***Step #2***

**Start making turns, taking the end behind the standing part and wrapping it around the bight.**



***Step #3***

**Make several turns.**



***Step #4***

**Insert the end through the loop.**



***Finished Heaving Line Knot***

**Pull on the standing part to tighten the knot.**



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## Double Overhand Knot

**The Double Overhand is bulkier than the Figure 8 knot and is more difficult to untie.**

### *Step #1*

**Begin with an overhand knot.**



### *Step #2*

**Put the end back through the loop.**



***Finished Double Overhand Knot***

**Yank firmly on both ends to snap this knot tight.**

