

Never get Ticks

Put organic, cold-pressed, unfiltered apple cider vinegar (Omega brand) in your drinking water, and in all your animals' water. Parasites, ticks, chiggers, and fleas hate it. It helps with hydration in the summer, is a great source of potassium, and is good for your scalp if you rinse your hair with it once a week. About a cap-full to a 2 liter jug works best, and about a teaspoon in the dog's water bowl. Your animals might not like it at first but they will get thirsty and start drinking it with no problems.